

Neurological
care centre

Ty Aberdafen



Brainkind Ty Aberdafen is a neurological centre in Llanelli, South Wales providing innovative rehabilitation and person-centred support to enable people to thrive after a brain injury. We ensure that the people we support live as independently as possible in an environment that enhances their wellbeing.

About Brainkind Ty Aberdafen

Brainkind Ty Aberdafen is a **specialist neurological centre** providing care and support for people with acquired brain injuries and complex neurological needs. We help the people we support prepare to return home, helping them to regain independent living skills, and offer longer-term care for those who need it.

Our specialist rehabilitation is based on a neuro-behavioural approach. We focus on enabling people to **function more independently** and develop their lives as they choose. Our programmes include educational and therapeutic sessions; support for personal, social, and domestic skills; guided leisure time; vocational support and training; and access to the local community.

Brainkind Ty Aberdafen, **rated 'Good' by Care Inspectorate Wales**, is equipped with a wide range of facilities to help support the delivery of our expert care. Our multi-disciplinary team has specialist assessment and therapy rooms to aid the people we support in their rehabilitation and recovery.

The people we support are actively involved in reviewing their progress. We promote the **active involvement of families** in the rehabilitation process, and home leave is encouraged wherever possible.

Whether someone needs assistance with daily tasks, help to improve emotional or social skills, or support to regain their physical independence, our services ensure that life after a brain injury is a **life well lived** – whatever that means to the people we support.





Becoming more independent

Access to the wider community is integral to rehabilitation and supporting wellbeing. Brainkind Ty Aberdafen is less than 10 miles from Junction 38 of the M4 and a quarter of a mile from Llanelli town centre. This gives the people we support access to a wide range of amenities including shops and a post office as well as GP and dental surgeries. Meanwhile, the large local leisure centre includes a swimming pool, indoor bowling, and a football pitch.

More support

Brainkind Ty Aberdafen has six transitional/independent living flats. These provide an environment where people can either strengthen their skills before moving on to more independent living or provide a higher-level functional space for someone to be supported in the longer term.

Conditions we specialise in

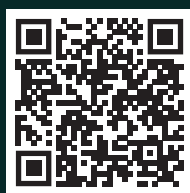
We provide support for and specialise in the rehabilitation of people with brain injuries and neurological conditions who are experiencing one or more of the following:

- Cognitive problems including thinking, memory, problem-solving, learning, awareness, and perception
- Physical impairments that affect mobility, posture, or dexterity
- Physical and verbal aggression
- Disinhibited and / or impulsive behaviour

This is not an exhaustive list.
We welcome all enquiries and consider each on a case-by-case basis.

Service overview and facilities

- Eighteen spacious ensuite bedrooms
- Two independent living flats to help the people we support regain their independence
- Four fully furnished self-contained apartments
- Two fully equipped skills rehabilitation kitchens to enable the people we support to relearn essential cooking skills
- Assessment and therapy rooms
- Brainkind Ty Aberdafen is located close to a wide range of amenities



Referrals

To make a referral please email referrals@brainkind.org or call 01904 954 146 (cost as a standard landline) to speak to our team.

Contact

Phone: 01554 740720
Email: tyaberdafen@brainkind.org
Address: Ty Aberdafen, The Avenue, Llanelli, SA15 2DP