

Residential care

Thomas Edward Mitton House



Brainkind Thomas Edward Mitton House is a specialist residential centre in Milton Keynes providing continuing rehabilitation and specialist care to enable the people we support to thrive after a traumatic or acquired brain injury. We ensure that the people we support live as independently as possible in an environment that enhances their wellbeing.

About Brainkind Thomas Edward Mitton House

Brainkind Thomas Edward Mitton House provides **specialist care and rehabilitation** for people with brain injuries and complex neurological needs.

Our specialist rehabilitation is based on a neuro-behavioural approach. We focus on enabling people to **function more independently** and develop their lives as they choose. Our programmes include educational and therapeutic sessions; support for personal, social, and domestic skills; guided leisure time; vocational support and training; and access to the local community.

Brainkind Thomas Edward Mitton House is equipped with a wide range of facilities to help support the delivery of our expert care, including

skills rehabilitation kitchens; a games and music room; and large, private gardens to aid the people we support in their rehabilitation and recovery.

The people we support are actively involved in reviewing their progress. We promote the **active involvement of families** in the rehabilitation process, and home leave is encouraged wherever possible.

Whether someone needs assistance with daily tasks, help to improve emotional or social skills, or support to regain their physical independence, our services ensure that life after a brain injury is a **life well lived** – whatever that means to the people we support.

Service overview and facilities

- Fourteen ensuite bedrooms.
- One bedsit and one flat.
- Two activity rooms.
- Spacious, well-appointed communal areas for dining and socialising including one fully equipped skills rehabilitation kitchen.
- One large private garden and two small private gardens.
- Rehabilitation takes place in a modern, tranquil, and well-equipped environment, with a particular emphasis on assistive equipment.
- The people we support have access to a wide range of therapeutic and recreational activities including cooking, gardening, arts and crafts, games, and music.





Becoming more independent

Access to the wider community is integral to rehabilitation. Brainkind Thomas Edward Mitton House is close to central Milton Keynes - offering opportunities for education, training, and employment - making it ideal for social integration. The people we support also have easy access to local shops, GP surgeries, hairdressers, restaurants, and leisure facilities.

Slow-stream beds

We also offer slow-stream beds, designed for people who need more time and a gentler pace to achieve their goals. This service combines the same high standards of care and therapy as our fast-stream programmes, but with extended timelines and personalised activity plans that place quality of life at the forefront.

Each person benefits from:

- Flexible clinical add-ins tailored to their needs as/where required
- A rich programme of therapeutic activities and guided leisure time
- Opportunities to develop personal, social, and domestic skills at their own pace
- Full participation in our welcoming community and access to local amenities

Our slow-stream approach is ideal for individuals progressing from acute rehabilitation, or for those whose recovery is best supported by a steady, sustainable pathway.

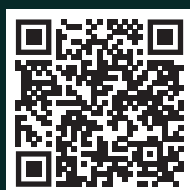
Conditions we specialise in

We provide support for and specialise in the rehabilitation of people with brain injuries and neurological conditions who are experiencing one or more of the following:

- Cognitive problems including thinking, memory, problem-solving, learning, awareness, and perception
- Physical impairments that affect mobility, posture, or dexterity
- Physical and verbal aggression
- Disinhibited and / or impulsive behaviour

This is not an exhaustive list.

We welcome all enquiries and consider each on a case-by-case basis.



Referrals

To make a referral please email referrals@brainkind.org or call 01904 954 146 (cost as a standard landline) to speak to our team.

Contact

Phone: 01908 504778

Email: temh@brainkind.org

Address: Thomas Edward Mitton House,
Belvoir Avenue, Emerson Valley,
Milton Keynes, MK4 2JA