

Residential care home

Brainkind Myland House



Brainkind Myland House is a residential care home providing specialist neurobehavioural support and long-term residential care for people with a brain injury or complex neurological conditions. We make sure that the people we support can live as independently as possible in an environment that enhances their wellbeing.

About Brainkind Myland House

Brainkind Myland House offers specialist, person-centred care and support for people with acquired brain injuries or complex neurological needs. Located in Colchester, we help the people we support to regain independent living skills and offer long-term care for those who need it.

Our specialist rehabilitation is based on a neurobehavioural approach. We focus on enabling people to function more independently and develop their lives as they choose. Our programmes include educational and therapeutic sessions; support for personal, social, and domestic skills; guided leisure time; vocational support and training; and access to the local community.

Brainkind Myland House, rated 'Good' by the CQC, is equipped with a wide range of facilities to help support the delivery of our expert care, with a multidisciplinary team to aid the people we support in their rehabilitation and recovery.

The people we support are actively involved in reviewing their progress. We promote the involvement of families as part of the rehabilitation process, and home leave is encouraged wherever possible.

Whether someone needs assistance with daily tasks, help to improve emotional or social skills, or support to regain their physical independence, our services ensure that life after a brain injury is a life well lived – whatever that means to the people we support.





Overview

- Five spacious en-suite bedrooms
- One communal lounge
- One dining room
- A conservatory overlooking the garden
- A large wildlife garden
- Located close to beautiful parks and beaches

Becoming more independent

Access to the wider community forms an important part of our rehabilitation programme.

Located close to local shops and leisure facilities and with easy access to Colchester, Myland House is ideally placed for social integration.

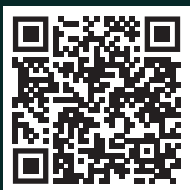
The location of our service offers plentiful opportunities for education, training, and work placements for the people we support.

Conditions we specialise in

We provide support for and specialise in the rehabilitation of people with acquired brain injuries or complex neurological conditions who are experiencing one or more of the following:

- Cognitive problems including thinking, memory, problem-solving, learning, awareness, and perception
- Physical impairments that affect mobility, posture, or dexterity
- Physical and verbal aggression
- Communication difficulties
- Behaviours that challenge.

This is not an exhaustive list. We welcome all enquiries and consider each on a case-by-case basis.



Referrals

To make a referral please email referrals@brainkind.org or call 01904 954146 (cost as a standard landline) to speak to our team.

Contact

Phone: 01206 853 604
Email: Lauren.Lumley@brainkind.org
Address: Myland House, 81 Mile End Road, Colchester, Essex, CO4 5BU



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Brainkind is a charity registered in England and Wales (800797) and in Scotland (SC038972)