

Residential care home

## Brainkind Eastfields



**Brainkind Eastfields is a residential care home providing specialist neurobehavioural support for people with complex needs, behaviours that challenge, or who require nursing care. We make sure that the people we support can live as independently as possible in an environment that enhances their wellbeing.**

### About Brainkind Eastfields

Brainkind Eastfields offers specialist, person-centred care and support for people with complex and high-dependency needs. Located in Glasgow, Scotland, we help the people we support to regain independent living skills and offer long-term care for those who need it.

Our specialist rehabilitation is based on a neurobehavioural approach. We focus on enabling people to function more independently and develop their lives as they choose. Our programmes include educational and therapeutic sessions; support for personal, social, and domestic skills; guided leisure time; vocational support and training; and access to the local community.

Located on the grounds of our neurological care centre, Graham Anderson House, Eastfields is equipped with a wide range of facilities to help support the delivery of our expert care. Our multidisciplinary team has access to specialist assessment and therapy rooms to aid the people we support in their rehabilitation and recovery.

The people we support are actively involved in reviewing their progress. We promote the involvement of families as part of the rehabilitation process, and home leave is encouraged wherever possible.

Whether someone needs assistance with daily tasks, help to improve emotional or social skills, or support to regain their physical independence, our services ensure that life after a brain injury is a life well lived – whatever that means to the people we support.

### Overview

- Twelve ensuite bedrooms and twelve open-plan studio flats with ensuite wet rooms
- An assisted bathroom with a jacuzzi bath
- Beautiful, secure, and accessible landscaped gardens





## Becoming more independent

Access to the wider community forms an important part of our rehabilitation programme. Located close to Glasgow's vibrant city centre with its wealth of cultural and leisure activities, Eastfields is ideally placed for social integration and offers opportunities for education, training, and work placements.

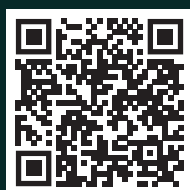


## Conditions we specialise in

We provide support for and specialise in the rehabilitation of people with acquired brain injuries or complex neurological conditions who are experiencing one or more of the following:

- Cognitive problems including thinking, memory, problem-solving, learning, awareness, and perception
- Physical impairments that affect mobility, posture, or dexterity
- Physical and verbal aggression
- Communication difficulties
- Behaviours that challenge.

**This is not an exhaustive list.  
We welcome all enquiries and consider each on a case-by-case basis**



## Referrals

To make a referral please email [referrals@brainkind.org](mailto:referrals@brainkind.org) or call 01904 954146 (cost as a standard landline) to speak to our team.

## Contact

Phone: 0141 404 6063  
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