

Residential care home

# Brainkind Cook Close



**Brainkind Cook Close is a residential care home providing specialist neurobehavioural support and long-term residential care for people with a brain injury or complex neurological conditions. We make sure that the people we support can live as independently as possible in an environment that enhances their wellbeing.**

## About Brainkind Cook Close

Brainkind Cook Close offers specialist, person-centred care and support for people with acquired brain injuries or complex neurological needs. Located in the historic seaside town of Harwich, we help the people we support to regain independent living skills and offer long-term care for those who need it.

Our specialist rehabilitation is based on a neurobehavioural approach. We focus on enabling people to function more independently and develop their lives as they choose. Our programmes include therapeutic sessions; support for personal, social, and domestic skills; guided leisure time; vocational support; and access to the local community.

Brainkind Cook Close, rated 'Good' by the CQC, is equipped with a wide range of facilities to help support the delivery of our expert care, including a skills-rehabilitation kitchen, to aid the people we support in their rehabilitation and recovery.

The people we support are actively involved in all aspects of their care and support and we also promote involvement from relatives when reviewing their progress.

Whether someone needs assistance with daily tasks, help to improve emotional or social skills, or support to regain their physical independence, our services ensure that life after a brain injury is a life well lived – whatever that means to the people we support.





## Overview

- Four bedrooms
- Two specialist-assisted wet rooms
- A skills-rehabilitation kitchen
- A comfortable communal lounge
- A large private garden

## Becoming more independent

Access to the wider community forms an important part of our rehabilitation programme.

Located within walking distance of the seafront, shops, and leisure facilities, and with good rail links to Colchester, Clacton, and Ipswich, Cook Close is ideally placed for social integration and offers opportunities for education, training, and work placements.

We offer a range of support, from providing intense rehabilitation to facilitating independent living.

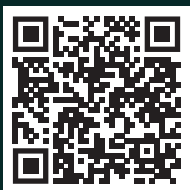
We help the people we support develop a person-centred support plan, embracing their individual choices and including input from relatives and the professionals involved in their care.

## Conditions we specialise in

We provide support for and specialise in the rehabilitation of people with acquired brain injuries or complex neurological conditions who are experiencing one or more of the following:

- Cognitive problems including thinking, memory, problem-solving, learning, awareness, and perception
- Physical impairments that affect mobility, posture, or dexterity
- Physical and verbal aggression
- Communication difficulties
- Behaviours that challenge.

This is not an exhaustive list. We welcome all enquiries and consider each on a case-by-case basis.



## Referrals

To make a referral please email [referrals@brainkind.org](mailto:referrals@brainkind.org) or call 01904 954146 (cost as a standard landline) to speak to our team.

## Contact

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