

HAVE YOU HAD A CONCUSSION?

Are you still feeling the effects?

We are looking for volunteers to take part in a research study



**An online coping skills group programme
for people experiencing persisting
symptoms after a concussion**

Eligibility criteria:

- Are you aged 18-65 years old?
- Have you had a concussion 3 months or more months ago?
- OR a diagnosis of post-concussion syndrome?
- Are you still struggling with the symptoms?
Like dizziness, headaches, fatigue, brain fog, difficulty
concentrating or others?
- Are you English speaking?
- Do you have a computer, tablet or mobile phone to participate
virtually?
- Are you willing to attend 6 weekly group sessions?

You might be eligible to take part!

**Participants will be entered to win one
of four £20 Amazon vouchers**

**Scan to find out
more & take part**



or email:
vh196@canterbury.ac.uk



**Canterbury
Christ Church
University**

**in partnership with
Kent Neuropsychology Service**



Kent and Medway
NHS and Social Care Partnership Trust