

Neurological care centre

# Brainkind Stagenhoe Park



Brainkind Stagenhoe Park is a specialist neurological care centre close to Hitchin, Hertfordshire. We provide innovative slow stream rehabilitation and long-term care that is person-centred to enable people with acquired brain injuries and complex neurological conditions to live as independently as possible in an environment that enhances their wellbeing.

## About Brainkind Stagenhoe Park

Brainkind Stagenhoe Park provides compassionate, person-centred care for people with acquired brain injuries, complex neurological conditions such as Huntington's disease, Parkinson's, motor neurone disease (MND), or multiple sclerosis (MS), and conditions resulting from strokes or spinal injuries.

At Brainkind Stagenhoe Park, we provide person-centred support tailored to each individual's needs and goals. Our approach is based on the neuro-behavioural model, with a strong emphasis on promoting independence, building confidence, and enhancing quality of life. Located within scenic parkland in rural Hertfordshire, the service offers a calm and therapeutic environment where individuals are supported to take part in meaningful daily activities, develop personal and social skills, and engage in structured leisure-based sessions. Where appropriate, we also explore opportunities for community engagement.

Brainkind Stagenhoe Park, rated 'Good' by the CQC, is equipped with a wide range of facilities to help support the delivery of our expert care. The people we support have access to arts & crafts, life skills classes, and music sessions to improve quality of life and support their rehabilitation and promote their independence.

Whether someone needs assistance with daily tasks, help to improve emotional or social skills, or support to regain their physical independence, our services ensure that life after a brain injury is a **life well lived** – whatever that means to the people we support. We also promote the active involvement of families as an important part of the rehabilitation process, and home leave is encouraged wherever possible.





## Becoming more independent

Access to the wider community is a vital part of support and rehabilitation. While Brainkind Stagenhoe Park is situated in a more rural setting, we work actively to maintain strong links with the local area and beyond - creating a wide range of opportunities for meaningful social connection and community participation.

## More support

However long someone is with us, we want them to be as independent as possible. That's why care is tailored to individual circumstances and never rushed.

## Conditions we specialise in

We specialise in rehabilitation and long-term support for people with acquired brain injuries and neurological conditions such as Huntington's disease, Parkinson's, MND, and MS. We also support people with one or a combination of the following:

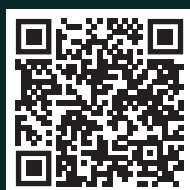
- Cognitive problems, including thinking, memory, problem-solving, learning, awareness, and perception
- Physical impairments that affect mobility, posture, or dexterity
- Communication difficulties
- Disinhibited and / or impulsive behaviour
- Those who are peg fed or require tracheostomy care
- Specialist neurological end of life care

**This is not an exhaustive list.**

**We welcome all enquiries and consider each on a case-by-case basis.**

## Service overview and facilities

- 45 spacious bedrooms.
- Communal lounges/areas.
- Fresh food tailored to meet a range of dietary needs.
- Private landscaped gardens.
- Arts, crafts, and music activity rooms.
- A gym with specialist equipment to increase movement and function.



## Referrals

To make a referral please email [referrals@brainkind.org](mailto:referrals@brainkind.org) or call 0330 0581 881 (cost as a standard landline) to speak to our team.

## Contact

Phone: 01438 871215

Email: [stagenhoe.enquiries@brainkind.org](mailto:stagenhoe.enquiries@brainkind.org)

Address: Stagenhoe Park, St Paul's, Walden, Hitchin, Hertfordshire, SG4 8BZ



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Brainkind is a charity registered in England and Wales (800797) and in Scotland (SC038972)