



Independent hospital

# Brainkind Neurological Centre York



Brainkind Neurological Centre York is an innovative, purpose-built independent hospital providing specialist post-acute neuro-behavioural assessment and ongoing support to enable people to thrive after a brain injury. We aim to make sure that everyone can live as independently as possible in an environment that enhances their wellbeing.

## About Brainkind Neurological Centre York

Brainkind Neurological Centre York supports people with an **acquired brain injury and complex needs** such as cognitive, physical and/or emotional difficulties, including verbal aggression, impaired social functioning, and disinhibited behaviour.

Our highly skilled team offer compassionate and specialised person-centred care, in a safe and modern environment. Our specialist **multidisciplinary team**, led by neuropsychiatrists and neuropsychologists, includes occupational therapists, physiotherapists, rehabilitation support workers, nurses, speech and language therapists, social workers, therapy assistants and assistant psychiatrists and psychologists to deliver the very best in neurological care and rehabilitation.

We promote the involvement of **families** as an important part of the rehabilitation process throughout admission.

As a registered hospital, we can work with people detained under the Mental Health Act or people subject to the Deprivation of Liberty Safeguards (DoLS).

## Overview

- Our 36 ensuite bedrooms are split into four wards over two floors
- 14 of the ensuite bedrooms have full ceiling tracking hoists
- Each ward features an assisted daily living kitchen, pantry and laundry rooms fitted with specialist rehabilitation equipment
- Specially equipped gym
- Sensory room
- Arts, crafts, and activity rooms
- Family visiting room with games, toys and books
- Multi-faith room
- Eco green roof space
- Sensory/therapy gardens
- Four transitional apartments





## Facilities

- Located in York with beautiful views of the Knavesmire.
- Welcoming communal area called The Street.
- The Street Café is run by supported individuals and volunteers, offering work experience.
- A modern rehabilitation gym to help people regain physical independence.
- A family room which provides a quiet, comfortable space to meet with loved ones.
- 36 ensuite bedrooms across two floors, designed to create a sense of familiarity.
- 14 bedrooms include ceiling hoists and wet rooms for accessibility.
- 4 transitional living apartments support independent living skills like cooking and budgeting.
- On-site support from a multidisciplinary team helps build confidence and independence.
- A sensory room with lights, sounds, and textures to create calming or stimulating environments.
- Rehabilitation kitchens, pantries, and laundries to help develop daily living skills.
- Spacious communal areas, courtyards, and a large garden with wildlife features like bee bricks and bug houses.

## Becoming more independent

Access to the wider community forms an important part of our rehabilitation programme. Our groundbreaking new service is only a short distance from York city centre and parks. Whether discharged within six months or longer, our aim is to support everyone to be as independent as possible.

### More support

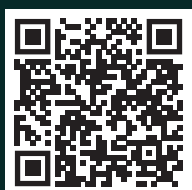
In addition to our new independent hospital, Brainkind offers other options locally to support people as they become more independent. These include our neurological centre, Daniel Yorath House, and residential home Osman House - both in Leeds - along with several other supported living services. All our locations are conveniently located and offer onsite parking.

## Conditions we specialise in

We specialise in the rehabilitation of people who are experiencing behavioural disorders following an acquired brain injury. Individuals may also have any or a combination of the following:

- Neuropsychiatric symptoms
- Long term complex care needs
- Verbal and / or physical aggression
- Disinhibited and / or impulsive behaviours
- Historic substance misuse and high-risk profiles

We accept referrals for people detained under the Mental Health Act. In addition to our new independent hospital, Brainkind offers other options locally to support people as they become more independent.



## Referrals

To make a referral please email [referrals@brainkind.org](mailto:referrals@brainkind.org) or call 0330 0581 881 (cost as a standard landline) to speak to our team.

## Contact

Phone: 01904 412 666  
Email: [yorknc@brainkind.org](mailto:yorknc@brainkind.org)  
Address: Bishopthorpe Road,  
York, YO23 1DE



Brainkind, 32 Market Place, Burgess Hill, West Sussex RH15 9NP  
01444 239123 [info@brainkind.org](mailto:info@brainkind.org)  
Brainkind is a charity registered in England and Wales (800797) and in Scotland (SC038972)