Expert rehabilitation and support for every step of recovery





#### **About Brainkind**

We are the UK's leading charity helping people to thrive after a brain injury and neurological disorders. Our services include independent hospitals, neurological centres, homes and supported living services.

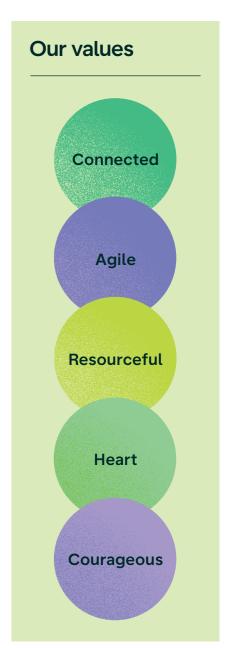
We provide innovative, personalised, compassionate rehabilitation and ongoing support to people with brain injuries and other neurological conditions.

#### A full spectrum of support

With over 40 years of experience providing high-quality neurorehabilitation, we understand how a brain injury can challenge every aspect of someone's life. This is why we offer the full spectrum of rehabilitation and support from immediately after discharge from hospital to longterm support to improve quality of life.

#### Clinical expertise

Our clinical experts work together to understand the effects of a brain injury on someone's cognitive, emotional and social skills. We have multidisciplinary teams, including physiotherapists, speech and language therapists, occupational therapists, psychologists, and nurses. These professionals support people with brain injuries and other neurological conditions to become more independent and reach their rehabilitation goals whatever they might be.





We're here to help people move forward - with the right care, at the right time, in the right way"

Irene Sobowale, Brainkind CEO

### **Our Services**

Combining decades of experience with the latest therapies and technology means we can help people with brain injuries to thrive. Brainkind offers services to support people along every step of their recovery.

#### We provide person-centred care

We have multidisciplinary teams working in our brain injury services:



# In our hospitals A consultant neuropsychologist and neuropsychiatrist lead rehabilitation work with support from nurses.



# In our neurological centres Consultant neuropsychologists provide clinical leadership. Consultants in rehabilitation medicine, neuropsychiatry, and community nurses support them.





# In our residential homes and supported living services

Brainkind support workers look after the mental well-being and physical health of those we care for. Clinical psychologists oversee this work.







# Find the right service for you

Rehabilitation is highly individualised, taking into account each person's specific needs, and their goals for improving their independence. Different people, including professionals, contribute to the process of rehabilitation. It can take place in a range of settings, for example a hospital, clinic, the community, or a person's home." Dr Rudi Coetzer **Director of Clinical Services** 

People with brain injuries and other neurological conditions have unique needs. To help as many people as possible, we have a network of hospitals, neurological centres, residential homes and supported living services across the UK.

#### Hospitals

Our independent hospitals in Glasgow and York specialise in rehabilitating people with complex needs following an acquired brain injury.

#### Neurological centres

Brainkind's state-of-the-art neurological centres have pioneered the neurobehavioural approach to rehabilitation in the UK. Our centres provide a range of services that offer a care pathway, accessible at any point following an acquired brain injury.

#### Residential homes

Our residential homes provide specialist support for adults with an acquired brain injury. We focus on improving the quality of life for the people we support, through rehabilitation and ongoing care.

#### Supported living

Brainkind's supported living services support people who want to experience living alone and practice important independent skills before discharge. We offer continuing rehabilitation services for people with longer-term needs. In addition, our outreach services provide clinical rehabilitation therapy services delivered in the home.

Find out more about our services at brainkind.org













# Clinical expertise

Because we are a charity, we can offer more. Alongside the support we provide, we focus on quality and research. We also take action on issues that matter to people we support.

We provide innovative, personalised, compassionate rehabilitation and ongoing support to people with brain injuries and other neurological conditions.

#### **Quality first**

Person-centred care and quality of service is at the heart of Brainkind's philosophy. We are committed to maintaining a reputation of excellence and are dedicated to improvement by using both new and established ways of working.

#### **Research matters**

Our drive for clinical expertise sets us apart from other organisations. Whether it is understanding the impact of brain injuries and other neurological conditions, evaluating current treatments, or discovering the benefits of new technologies, all our research aims to improve outcomes for people living with brain injuries.

#### Campaigning for better support

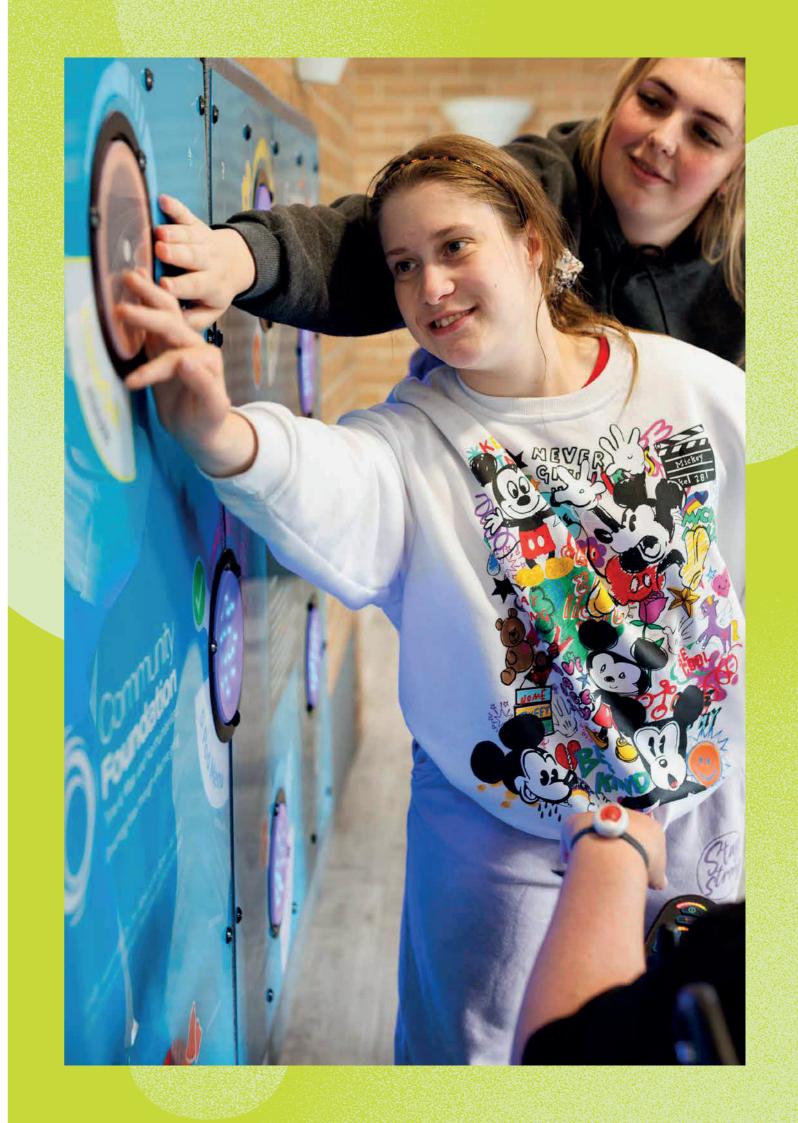
At Brainkind, we think that everyone with an acquired brain injury, regardless of their circumstances, should have equal and easy access to the right services. That is why we campaign for change.

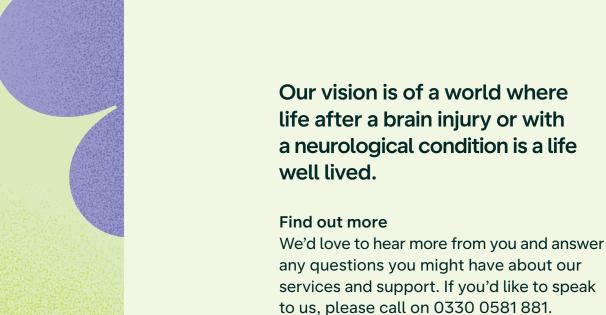
Our campaigns seek to raise awareness, improve access to services, amplify voices and influence policy. Check our website to see how you can get involved in our different activities.

## What People We Support Say

- The team here have been brilliant, helping me to learn to speak and walk again and supporting me with my memory as well."
- The support workers have been so kind, they've cared for me a lot."
- It's taken nine months of hard work and determination, but my speech has got a lot better. When I arrived, I was using a wheelchair and couldn't move my right side. But now I'm walking really well."
- What's great about our place is that we can get help when needed. The staff are just like friends who are here if we need them, but they leave us be if we don't."
- My passion is cooking. I love to see the look on people's faces when they are eating something I have cooked for them. The care team are always happy to test my creations for me. If there is something I don't understand or know, they help me figure it out.

The staff know I really love animals and helped me to get a job as a volunteer at an animal rescue centre."





#### Referrals

To make a referral to Brainkind, please visit: brainkind.org/referral



#### brainkind.org

Brainkind is a registered charity in England and Wales No.800797 and Scotland SC038972